



## CHOREOGRAPHY OVERVIEW RESOURCE

"Choreography is an art, but also a technical skill"

Today, you are going to declare that you are creative and can learn how to engage your mind and spirit to choreograph. You don't have to be stuck doing the same thing! Dancers should always be creating and renewing our dance movements.

## Creativity / Imagination

### God is a Creator. He is an artist.

- We are made in His image, and as image bearers, we too can join in the work of creating (Gen 1:27)

### God's creation isn't just a fixed, permanent thing. He is intimately involved with His creation.

- Even in this moment, He is continually renewing our hearts and minds through the Holy Spirit (Ps 51:10) and God has plans for a new heaven, new earth, and even a new body for us! (Rev 21:1-7)

### Genesis is generally defined as the origin or coming into being of something. It is the Creation.

- As dance ministers, beginning a new dance is a special time and a wonderful privilege because it is our opportunity to make God known.
- As the choreographer, you are not only creating movement, but you are setting it into place and giving it a purpose (Gen 1:26-28, Gen 2:8)
- Creating is a process – don't be in a rush to just make things up.
- Give time to develop and discover. CREATE and WAIT (Gen 2:2)

"My process to choreograph is not constrained to a certain time or place. I dedicate time to working on the movements, but I always tend to start by visualizing myself or the dancers in a space doing the movements. Then, I put on the music and start bringing those movements to life, finding new movements as well.

I create and wait – I create and see if it flows with what is coming before and after.

I create and wait for inspiration and feedback. Again, it's the process not just the destination."

# Getting started

You must approach choreography with great reverence and ensure all you do is God glorifying. If it does not glorify God then you should not do it! (Exodus 32:19, Matthew 24:6)

- The process to create a dance, begins with intention and is then followed by action.
- Many dancers jump ahead into creating without first engaging their mind and spirit.
- There must be a vision and this vision must be shared with all who will communicate the vision – through dance – to people.
- Even if you are dancing alone, it is still beneficial to go through this process - consider writing in a journal or creating a note on your device.

**SHOW & TELL:** There must be a vision and this vision must be shared with all who will communicate the vision – through dance – to people.

- To communicate your vision to other dancers, you must share and explain the following:
  - Song name, artist and link to song
  - Your vision / inspiration
  - Bible scriptures that support the lyrics of this dance
  - Attire that will be worn and what worship tools, if any will be needed
  - Time commitment and expectations for the dance

## Expressions of dance

As you are creating movement, you can decide to choreograph the entire dance, or leave some parts of the choreography “open” for spontaneous expression. You will also want to be available for God to “change” your plans - even the day of, or during the dance. Remember you work for Him and it’s His glory you’re making known.

- **Choreographed** movement is strategic and organized
- **Spontaneous** movement flows from inside and out
- **Prophetic** movement reveals, exhorts, corrects

“You need all types of movement. One expression is not more spiritual than another. A dance can include all expressions!”

## Dance Choreography Process

1. Thank God for the opportunity to serve and ask Him for guidance in what to do.
2. Learn as much as you can about the occasion you will be ministering at
3. Trust in God and believe you will be guided by the Holy Spirit
4. Do your best and go forward in faith
5. After dancing, reflect on the outcome – what went well, what would you do differently and learn from it
6. Rest! 😊

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